



# SSMS Bell Schedule 2025-2026

*Experience Excellence*



Block	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Bell to go to class	8:12 AM	8:12 AM	8:12 AM	8:12 AM	8:12 AM
1	1 <sup>st</sup> Period 8:22 AM–9:19 AM	2 <sup>nd</sup> Period 8:22 AM–9:19 AM	3 <sup>rd</sup> Period 8:22 AM–9:19 AM	4 <sup>th</sup> Period 8:22 AM–9:19 AM	5 <sup>th</sup> Period 8:22 AM–9:19 AM
2	2 <sup>nd</sup> Period 9:23 AM–10:17 AM	3 <sup>rd</sup> Period 9:23 AM–10:17 AM	4 <sup>th</sup> Period 9:23 AM–10:17 AM	5 <sup>th</sup> Period 9:23 AM–10:17 AM	6 <sup>th</sup> Period 9:23 AM–10:17 AM
3	3 <sup>rd</sup> Period 10:21 AM–11:15 AM	4 <sup>th</sup> Period 10:21 AM–11:15 AM	5 <sup>th</sup> Period 10:21 AM–11:15 AM	6 <sup>th</sup> Period 10:21 AM–11:15 AM	1 <sup>st</sup> Period 10:21 AM–11:15 AM
4	4 <sup>th</sup> period  A Lunch: 11:19–11:50 Lunch 11:52–12:56 Class  B Lunch: 11:19–11:51 Class 11:52–12:23 Lunch 12:24–12:56 Class  C Lunch: 11:19–12:23 Class 12:25–12:56 Lunch	5 <sup>th</sup> period  A Lunch: 11:19–11:50 Lunch 11:52–12:56 Class  B Lunch: 11:19–11:51 Class 11:52–12:23 Lunch 12:24–12:56 Class  C Lunch: 11:19–12:23 Class 12:25–12:56 Lunch	6 <sup>th</sup> period  A Lunch: 11:19–11:50 Lunch 11:52–12:56 Class  B Lunch: 11:19–11:51 Class 11:52–12:23 Lunch 12:24–12:56 Class  C Lunch: 11:19–12:23 Class 12:25–12:56 Lunch	1 <sup>st</sup> period  A Lunch: 11:19–11:50 Lunch 11:52–12:56 Class  B Lunch: 11:19–11:51 Class 11:52–12:23 Lunch 12:24–12:56 Class  C Lunch: 11:19–12:23 Class 12:25–12:56 Lunch	2 <sup>nd</sup> period  A Lunch: 11:19–11:50 Lunch 11:52–12:56 Class  B Lunch: 11:19–11:51 Class 11:52–12:23 Lunch 12:24–12:56 Class  C Lunch: 11:19–12:23 Class 12:25–12:56 Lunch
5	5 <sup>th</sup> Period 1:00 PM–1:54 PM	6 <sup>th</sup> Period 1:00 PM–1:54 PM	1 <sup>st</sup> Period 1:00 PM–1:54 PM	2 <sup>nd</sup> Period 1:00 PM–1:54 PM	3 <sup>rd</sup> Period 1:00 PM–1:54 PM
6	6 <sup>th</sup> Period 1:58 PM–2:52 PM	1 <sup>st</sup> Period 1:54 1:58 PM–2:52 PM	2 <sup>nd</sup> Period 1:58 PM–2:52 PM	3 <sup>rd</sup> Period 1:58 PM–2:52 PM	4 <sup>th</sup> Period 1:58 PM–2:52 PM

# Seven Springs Middle School

## Early Release Bell Schedule 2025-2026

Rev 4/25

Block	Time
<b>1<sup>st</sup> Bell to go to Class</b>	<b>8:12 AM</b>
<b>Block 1</b>	<b>3rd Period</b> 8:22 AM – 8:55 AM
<b>Block 2</b>	<b>4th Period</b> 8:59 AM – 9:29 AM
<b>Block 3</b>	<b>5th Period</b> 9:33 AM – 10:03 AM
<b>Block 4</b>	<b>6th Period</b>  <b>A Lunch:</b> 10:07 – 10:37 Lunch <b>10:41 – 11:42 Class</b>  <b>B Lunch:</b> <b>10:07 – 10:37 Class</b> 10:38 – 11:08 Lunch <b>11:11 – 11:42 Class</b>  <b>C Lunch:</b> <b>10:07 – 11:08 Class</b> 11:12 – 11:42 Lunch
<b>Block 5</b>	<b>1st Period</b> 11:46 AM – 12:16 PM
<b>Block 6</b>	<b>2nd Period</b> 12:20 PM – 12:52 PM



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Seven Springs Middle School  
Activity/Pep Rally Bell Schedule 2025-2026

Rev 4/25

Block	Time
<b>1<sup>st</sup> Bell to go to Class</b>	<b>8:12 AM</b>
<b>Block 1</b>	<b>4th Period</b> 8:22 AM – 9:02 AM
<b>Block 2</b>	<b>5th Period</b> 9:06 AM – 9:43 AM
<b>Block 3</b>	<b>6th Period</b> 9:47 AM – 10:24 AM
<b>Block 4</b>	<b>1st Period</b>  <b>A Lunch:</b> 10:28 – 10:59 Lunch <b>11:03 – 12:07 Class</b>  <b>B Lunch:</b> <b>10:28 – 11:00 Class</b> 11:01 – 11:32 Lunch <b>11:35 – 12:07 Class</b>  <b>C Lunch:</b> <b>10:28 – 11:32 Class</b> 11:36 – 12:07 Lunch
<b>Block 5</b>	<b>2nd Period</b> 12:11 PM – 12:48 PM
<b>Block 6</b>	<b>3rd Period</b> 12:52 PM – 1:29 PM
<b>Activity or Pep Rally Period</b>	1:29 PM – 2:52 PM



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