



SSMS Bell Schedule 2022-2023



Block	Monday	Tuesday	Wednesday	Thursday	Friday
Bell to go to class	8:22 AM	8:22 AM	8:22 AM	8:22 AM	8:22 AM
1	1st Period 8:25 AM-9:16 AM	2nd Period 8:25 AM-9:16 AM	3rd Period 8:25 AM-9:16 AM	4th Period 8:25 AM-9:16 AM	5th Period 8:25 AM-9:16 AM
2	2nd Period 9:19 AM-10:10 AM	3rd Period 9:19 AM-10:10 AM	4th Period 9:19 AM-10:10 AM	5th Period 9:19 AM-10:10 AM	6th Period 9:19 AM-10:10 AM
3	3rd Period 10:13 AM-11:04 AM	4th Period 10:13 AM-11:04 AM	5th Period 10:13 AM-11:04 AM	6th Period 10:13 AM-11:04 AM	1st Period 10:13 AM-11:04 AM
4	4th period A Lunch: 11:07 – 11:37 Lunch 11:37 – 12:28 Class 12:28 – 12:58 Study Hall B lunch: 11:07 – 11:37 Study Hall 11:37– 12:07 Lunch 12:07 – 12:58 Class C Lunch 11:07 – 11:58 Class 11:58–12:28 Study Hall 12:28 – 12:58 – Lunch	5th period A Lunch: 11:07 – 11:37 Lunch 11:37 – 12:28 Class 12:28 – 12:58 Study Hall B lunch: 11:07 – 11:37 Study Hall 11:37– 12:07 Lunch 12:07 – 12:58 Class C Lunch 11:07 – 11:58 Class 11:58–12:28 Study Hall 12:28 – 12:58 – Lunch	6th period A Lunch: 11:07 – 11:37 Lunch 11:37 – 12:28 Class 12:28 – 12:58 Study Hall B lunch: 11:07 – 11:37 Study Hall 11:37– 12:07 Lunch 12:07 – 12:58 Class C Lunch 11:07 – 11:58 Class 11:58–12:28 Study Hall 12:28 – 12:58 – Lunch	1st period A Lunch: 11:07 – 11:37 Lunch 11:37 – 12:28 Class 12:28 – 12:58 Study Hall B lunch: 11:07 – 11:37 Study Hall 11:37– 12:07 Lunch 12:07 – 12:58 Class C Lunch 11:07 – 11:58 Class 11:58–12:28 Study Hall 12:28 – 12:58 – Lunch	2nd period A Lunch: 11:07 – 11:37 Lunch 11:37 – 12:28 Class 12:28 – 12:58 Study Hall B lunch: 11:07 – 11:37 Study Hall 11:37– 12:07 Lunch 12:07 – 12:58 Class C Lunch 11:07 – 11:58 Class 11:58–12:28 Study Hall 12:28 – 12:58 Lunch
5	5th Period 1:01 PM-1:52 PM	6th Period 1:01 PM-1:52 PM	1st Period 1:01 PM-1:52 PM	2nd Period 1:01 PM-1:52 PM	3rd Period 1:01 PM-1:52 PM
6	6th Period 1:55 PM-2:50 PM	1st Period 1:55 PM-2:50 PM	2nd Period 1:55 PM-2:50 PM	3rd Period 1:55 PM-2:50 PM	4th Period 1:55 PM-2:50 PM

Block 4 Period

- A Lunch 11:07-11:37 (Lunch/Class/Study Hall)**
- B Lunch 11:37-12:07 (Study Hall/Lunch/Class)**
- C Lunch 12:28-12:58 (Class/Study Hall/Lunch)**

SEVEN SPRINGS MIDDLE SCHOOL

2022-2023



Early Release Day Bell Schedule

Block	Time
Bell to go to Class	8:22 AM
1	3rd Period 8:25 AM-8:57 AM
2	4th Period 9:00 AM-9:32 AM
3	5th Period 9:35 AM-10:07 AM
4	6th period A Lunch: 10:10 – 10:40 Lunch 10:40 – 11:10 Class 11:10 – 11:40 Study Hall B lunch: 10:10 – 10:40 Study Hall 10:40– 11:10 Lunch 11:10 – 11:40 Class C Lunch 10:10 – 10:40 Class 10:40– 11:10 Study Hall 11:10 – 11:40 – Lunch
5	1st Period 11:43 AM-12:15 PM
6	2nd Period 12:18 PM-12:50 PM

Early Release Days

Sept. 7 th	Jan. 11 th
Oct. 5 th	Feb. 1 st
Nov. 2 nd	Mar. 1 st
Dec. 7 th	Apr. 12 th

Block 4 Period

A Lunch	10:10-10:40 (Lunch/Class/Study Hall)
B Lunch	10:40-11:10 (Study Hall/Lunch/Class)
C Lunch	11:10-11:40 (Class/Study Hall/Lunch)

SEVEN SPRINGS MIDDLE SCHOOL

2022-2023

Activity & Pep Rally Bell Schedule

Block	Time
Bell to go to class	8:22 AM
1	8:25-9:01
2	9:04-9:40
3	9:43-10:19
4	10:22-12:26 (study hall & lunch times included) A Lunch: 10:22 – 10:58 Lunch 11:01 – 11:47 Class 11:50 – 12:26 Study Hall B lunch: 10:22 – 10:58 Study Hall 11:01– 11:47 Lunch 11:50 – 12:26 Class C Lunch 10:22 – 10:58 Class 11:01– 11:47 Study Hall 11:50 – 12:26 – Lunch
5	12:29-1:05
6	1:08-1:44
Activity/Pep Block	Activity/Pep Period 1:44-2:50



Block 4 Period

- A Lunch 10:22-10:58 (Lunch/Class/Study Hall)**
B Lunch 11:01-11:47 (Study Hall/Lunch/Class)
C Lunch 11:50-12:26 (Class/Study Hall/Lunch)