




WEEK OF FEBRUARY 25-MARCH 1, 2019  
USE #JAGUARSROAR ALL WEEK ON SOCIAL MEDIA

**THEME**

**ACTIVITIES**

<p><b>M</b> 2/25</p> <p>Start with “Hello” </p>	<p>Say “Hello” to someone new today. Introduce yourself and have a conversation.</p>
<p><b>T</b> 2/26</p> <p>Lunch and Learn</p>	<p>Conversation starter/icebreaker cards in the cafeteria for students to find out more about others.</p>
<p><b>W</b> 2/27</p> <p>Words with a Meaning</p>	<p>Write an anonymous note to someone with a compliment.</p>
<p><b>T</b> 2/28</p> <p>Thank You Day</p>	<p>Write a thank you note to a teacher or staff member.</p>
<p><b>F</b> 3/1</p> <p>Random Act of Kindness</p>	<p>Participate in a random act of kindness. Post your act of kindness on the kindness board in the cafeteria.</p>

**RANDOM ACTS OF KINDNESS**

- |  |  |
|--|--|
| * Hold the door open for someone                     | * Say hello to everyone you see        |
| * Compliment a friend                                | * Smile at everyone - it’s contagious! |
| * Tell someone why they are special to you           | * Give a high five to someone          |
| * Talk to someone new at school                      | * Give someone a happy note            |
| * Bring flowers or a treat to a teacher/staff member | * Clean up around campus               |